

# Medical Surgical Skills Checklist

Name \_\_\_\_\_

Date \_\_\_\_\_

**Instructions:** Please check the appropriate column that best describes your experience level for each knowledge competency and skill. Evaluate yourself based on experiences within the last two (2) years.

## Self-Assessed Experience Rating Scale:

**0 No Experience**

**2 Knowledgeable (Performs 1-2 times/ month)**

**1 Needs Review and Practice (Performs < 6 times /**

**3 Fully Competent (Performs daily or weekly)**

| SKILLS:                                 | 0 | 1 | 2 | 3 |
|---|---|---|---|---|
| 1 Admission Process                     |   |   |   |   |
| 2 A - V Fistula Care                    |   |   |   |   |
| 3 Brace / Splint Application            |   |   |   |   |
| 4 Catheter Insertion & Care             |   |   |   |   |
| a) Bladder Irrigation                   |   |   |   |   |
| b) Foley                                |   |   |   |   |
| 1) Female                               |   |   |   |   |
| 2) Male                                 |   |   |   |   |
| 5 Cast Care                             |   |   |   |   |
| 6 Charge Nurse Routine                  |   |   |   |   |
| 7 Chemotherapy -- Adult Protocols       |   |   |   |   |
| 8 Chest Physiotherapy                   |   |   |   |   |
| 9 Chest tube & Drainage System          |   |   |   |   |
| a) Care & maintenance                   |   |   |   |   |
| b) Removal                              |   |   |   |   |
| c) Set-up                               |   |   |   |   |
| 10 EKG Interpretation                   |   |   |   |   |
| a) 12 Lead                              |   |   |   |   |
| b) Arrhythmia                           |   |   |   |   |
| c) Lead placement:                      |   |   |   |   |
| 1) 5 electrode placement                |   |   |   |   |
| 2) I, III, V-leads                      |   |   |   |   |
| 3) Lead II & MCL                        |   |   |   |   |
| 11 Feedings                             |   |   |   |   |
| a) Continuous tube feeding              |   |   |   |   |
| b) Gavage, Intermittent                 |   |   |   |   |
| 12 Gastric Lavage, Iced Saline          |   |   |   |   |
| 13 Gastric Suction                      |   |   |   |   |
| 14 Glasgow Coma Scale                   |   |   |   |   |
| 15 Halo Traction / Cervical Tongs       |   |   |   |   |
| 16 Hemodialysis                         |   |   |   |   |
| 17 Hemodynamic Monitoring, Non-invasive |   |   |   |   |
| a) Auscultation                         |   |   |   |   |
| b) Doppler                              |   |   |   |   |
| c) Electronic                           |   |   |   |   |
| d) Palpation                            |   |   |   |   |
| 18 Incentive Spirometry                 |   |   |   |   |
| 19 Interpretation of Lab Results        |   |   |   |   |
| a) Blood Gasses                         |   |   |   |   |
| b) Blood Chemistry                      |   |   |   |   |
| c) Cardiac Enzymes & Isoenzymes         |   |   |   |   |
| d) CBC                                  |   |   |   |   |
| e) Coagulation Studies                  |   |   |   |   |
| f) Cultures                             |   |   |   |   |

| SKILLS:                                     | 0 | 1 | 2 | 3 |
|---|---|---|---|---|
| g) Electrolytes                             |   |   |   |   |
| h) Urine Dipstick                           |   |   |   |   |
| 20 Intestinal Tract Tubes, Placement & Care |   |   |   |   |
| a) Gastrotomy                               |   |   |   |   |
| b) Jejunostomy                              |   |   |   |   |
| c) Nasogastric                              |   |   |   |   |
| d) Orogastric                               |   |   |   |   |
| e) T-Tube                                   |   |   |   |   |
| 21 Intravenous Infusion Therapy             |   |   |   |   |
| a) Blood & blood products infusion          |   |   |   |   |
| 1) Albumin                                  |   |   |   |   |
| 2) Cryoprecipitate                          |   |   |   |   |
| 3) FFP                                      |   |   |   |   |
| 4) Packed RBC's                             |   |   |   |   |
| 5) Whole blood                              |   |   |   |   |
| b) Central Line Site Maintenance            |   |   |   |   |
| 1) Broviac                                  |   |   |   |   |
| 2) Groshong                                 |   |   |   |   |
| 3) Hickman                                  |   |   |   |   |
| 4) PICC                                     |   |   |   |   |
| 5) Portacath                                |   |   |   |   |
| 6) Quinton                                  |   |   |   |   |
| c) Heparin Lock                             |   |   |   |   |
| d) Nutritional Infusions                    |   |   |   |   |
| 1) Hyperalimentation                        |   |   |   |   |
| 2) Intralipids                              |   |   |   |   |
| e) Peripheral IV insertion & Maintenance    |   |   |   |   |
| 1) Angiocath                                |   |   |   |   |
| 2) Butterfly                                |   |   |   |   |
| 22 Isolation Procedures                     |   |   |   |   |
| 23 Lumbar Puncture                          |   |   |   |   |
| 24 Nephrostomy Tube Care                    |   |   |   |   |
| 25 Nerve Assessment Care Planning           |   |   |   |   |
| 26 Neurological Assessment                  |   |   |   |   |
| 27 Nursing Assessment Care Planning         |   |   |   |   |
| 28 Oxygen Therapy Administration            |   |   |   |   |
| a) Bag & Mask                               |   |   |   |   |
| b) External CPAP                            |   |   |   |   |
| c) Face Mask                                |   |   |   |   |
| d) Nasal Cannula                            |   |   |   |   |
| e) Trach Collar                             |   |   |   |   |
| 29 Pacemaker                                |   |   |   |   |
| a) Permanent                                |   |   |   |   |
| b) Temporary                                |   |   |   |   |

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|   |   |
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### SKILLS:

0 1 2 3

- 30 Petroneal Dialysis
  - a) Automatic Cyclor
  - b) Manual
- 31 Physical Assessment
- 32 Restraints
- 33 Specimen Collection
  - a) Blood
    - 1) Central Line
    - 2) Venous Stick
  - b) Cultures
  - c) Sputum
  - d) Urine
    - 1) Catheter
    - 2) 24 hr. Collection
- 34 Suctioning
  - a) Nasal-pharyngeal
  - b) Oral-pharyngeal
  - c) Tracheostomy
- 35 Temperature
  - a) Oral
  - b) Tympanic
- 36 Thoracentesis (assist)
- 37 Traction Application
- 38 Vital Signs
- 39 Wound / Ostomy Care
  - a) Colostomy site care / bag change
  - b) Decubitus Ulcers
  - c) Ileostomy site care / bag change
  - d) Irrigations
  - e) Sterile Dressing Changes
  - f) Surgical wounds with drains

### Medications:

0 1 2 3

- 1 Albuterol (Ventolin)
- 2 Aminophylline
- 3 Antibiotics
- 4 Anticoagulants
- 5 Anticonvulsants
- 6 Antihypertensives
- 7 Corticosteroids
- 8 Digoxin
- 9 Heparin
- 10 Insulin
- 11 Lasix
- 12 Nitroglycerine

### Medications:

0 1 2 3

- 13 Oral Hypoglycemics
- 14 Thyroid Replacement
- 15 Delivery Methods
  - a) Eye / Ear Intillations
  - b) IM Injections
  - c) Insulin Pump
  - d) Meter Dosed Inhalers
  - e) Nebulizer
  - f) Oral
  - g) Piggy-back Infusions
  - h) SQ Injections
  - i) Z Track Injections

### Pain Management:

0 1 2 3

- 1 Pain Level Assessment
- 2 Care of patient with:
  - a) Epidural Analgesia
  - b) IV Conscious Sedation
  - c) Insulin Pump
  - d) Narcotic Agents
  - e) Non-narcotic Agents

### Equipment:

0 1 2 3

- 1 Cardiac Monitor
- 2 Defibrillator
- 3 Glucometer
- 4 Hemodialysis Machine
- 5 Infusion Delivery System  
(Specify Manufacturer):
  - a) IV pump
  - b) IV pump
  - c) IV pump
- 6 Oxygen Flow Meter
- 7 Pulse Oxymeter
- 8 Specialty Beds
  - a) Air Fluidized
  - b) Low Air Loss
  - c) Rotating

### Assessment & Care of Patient with:

0 1 2 3

- 1 Acute Cholecystitis
- 2 Adrenal Disorders
- 3 Angina
- 4 Amputation
- 5 Arthroscopic Surgery
- 6 Asthma
- 7 Basal Skull Fracture

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| Assessment & Care of Patient with:  | 0 | 1 | 2 | 3 |
|-------------------------------------|---|---|---|---|
| 8 Bowel Obstruction                 |   |   |   |   |
| 9 Bronchoscopy                      |   |   |   |   |
| 10 Burns                            |   |   |   |   |
| 11 Cardiac Arrest                   |   |   |   |   |
| 12 Cardiac Catheterization          |   |   |   |   |
| 13 Cardiomyopathy                   |   |   |   |   |
| 14 Carotid Endarterectomy           |   |   |   |   |
| 15 Cerebral Vascular Accident (CVA) |   |   |   |   |
| 16 Cirrhosis                        |   |   |   |   |
| 17 Coma                             |   |   |   |   |
| 18 Congestive Heart Failure (CHF)   |   |   |   |   |
| 19 Coumadin / Heparin Therapy       |   |   |   |   |
| 20 COPD                             |   |   |   |   |
| 21 Delirium Tremens                 |   |   |   |   |
| 22 Diabetes Insipidus               |   |   |   |   |
| 23 Diabetes Mellitus                |   |   |   |   |
| 24 Encephalitis                     |   |   |   |   |
| 25 Femoral-Popliteal Bypass         |   |   |   |   |
| 26 GI Bleeding                      |   |   |   |   |
| 27 Hepatic Failure                  |   |   |   |   |
| 28 Hepatitis                        |   |   |   |   |
| 29 HIV / AIDS                       |   |   |   |   |
| 30 Hyperthyroidism                  |   |   |   |   |
| 31 Hypothyroidism                   |   |   |   |   |
| 32 Lobectomy                        |   |   |   |   |
| 33 Malignant Tumors                 |   |   |   |   |
| 34 Meningitis                       |   |   |   |   |
| 35 Multiple Sclerosis               |   |   |   |   |

| Assessment & Care of Patient with: | 0 | 1 | 2 | 3 |
|------------------------------------|---|---|---|---|
| 36 Neuromuscular Disease           |   |   |   |   |
| 37 Osteoporosis                    |   |   |   |   |
| 38 Paralytic Ileus                 |   |   |   |   |
| 39 Pinned Fractures                |   |   |   |   |
| 40 Pituitary Disorders             |   |   |   |   |
| 41 Pneumonectomy                   |   |   |   |   |
| 42 Pneumonia                       |   |   |   |   |
| 43 Post Acute MI (> 48 hours)      |   |   |   |   |
| 44 Post Angioplasty                |   |   |   |   |
| 45 Post Hypophysectomy             |   |   |   |   |
| 46 Post Thyroidectomy              |   |   |   |   |
| 47 Post Operative Care             |   |   |   |   |
| a) GI Surgery                      |   |   |   |   |
| b) Orthopedic Surgery              |   |   |   |   |
| c) Ostomy                          |   |   |   |   |
| d) Vascular Surgery                |   |   |   |   |
| 48 Renal Failure                   |   |   |   |   |
| 49 Renal Transplant                |   |   |   |   |
| 50 Rheumatic / Arthritic Disease   |   |   |   |   |
| 51 Seizures                        |   |   |   |   |
| 52 Spinal Cord Injury              |   |   |   |   |
| 53 Thrombophlebitis                |   |   |   |   |
| 54 Total Hip Replacement           |   |   |   |   |
| 55 Total Knee Replacement          |   |   |   |   |
| 56 Tuberculosis                    |   |   |   |   |
| 57 TURP / TURBP                    |   |   |   |   |
| 58 Thyroid Dysfunction             |   |   |   |   |
| 59 Urinary Tract Infection         |   |   |   |   |

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## Age Appropriate Nursing Care:

Please Check the appropriate box (es) for each age group and activity for which you have had experience within the last year.

| Age Specific Experiences   | Adolescent<br>( 13 - 18 yrs) | Young Adult<br>( 19 - 39 yrs) | Middle Adults<br>( 40 - 64 yrs) |
|--|------------------------------|-------------------------------|---------------------------------|
| Understands the normal growth and development for each age group and adapts care accordingly   |                              |                               |                                 |
| Understands the different communication needs for each age group and changes communication methods and terminology accordingly         |                              |                               |                                 |
| Understands the different safety risks for each age group and alters the environment accordingly                                       |                              |                               |                                 |
| Understands the different medications, dosages, and possible side effects for each age group and administers medications appropriately |                              |                               |                                 |

The information I have provided in this skills checklist is true and accurate to the best of my knowledge.

Signature \_\_\_\_\_

Date \_\_\_\_\_